

Roadmap to Success

Do you know what you want to achieve, but aren't sure how to get there? Create a roadmap with milestones and you'll never get lost. This tool is perfect for you if:

- You have a vision of what you want to achieve.
- You need to think through specific steps to reach your goal.
- You want to create a plan.

The goal of the following exercise is to map out the steps you can take to achieve your ideal future. The first step is to create the most specific vision of your future. From this vision, you will retrospectively map the path to the present. This will allow you to identify the exact steps that will lead you to your goal. **Steps:**

- 1. In the center of your map, write a description of your ideal outcome. Remember, the more specific the description, the easier it will be to map.
 - Example: I'm in HR in a company based in Brno.
- 2. Consider what results you need to achieve in each important area of your life. We recommend dividing the areas into work, education, family and relationships, and personal values (interests), but you can use also your own categories.
- 3. Work backward: what steps need to happen before you reach your outcome? Ask yourself:
 - 1. What do I need to do to achieve this?
 - 2. How can I do it?
 - 3. Is there anything else I can or want to do before this step?
 - 4. Write down specific steps for each area of your life. It's up to you how many there will be.

Example: What do I need to do to be able to work in HR in a company based in Brno?

- 4. Arrange the steps on your map so that the ones that are waiting for you first are on the outer edge. Steps that are further in the future are closer to the inner circle (i.e., your goal).
- 5. For each step, you can specify a deadline, creating not only a map but also a timeline.

TIP When looking at your map, it may be full of difficult steps. What are you most afraid of? Write down which ones they are and how you feel. It may be unpleasant to think about, but don't leave the ideas unfinished. Consider whether you can intervene at some point, or what you can do to feel better and overcome the obstacle.







